

JIA, LILE
Curriculum Vitæ

PERSONAL INFORMATION

Department of Psychology
National University of Singapore
Block AS4, #02-07, 9 Arts Link
Singapore 117570

Office Phone: (65) 6601 3022
Office: AS4-02-28
Email: psyjl@nus.edu.sg
Lab Webpage: www.situatedgoalpursuit.com

ACADEMIC POSITION

July 2022 – Present	Associate Professor	National University of Singapore
July 2014 – Jun 2022	Assistant Professor	National University of Singapore
Aug 2012 – June 2014	Postdoctoral Fellow (Teaching)	National University of Singapore

EDUCATION

Ph.D. Social Psychology, Indiana University Bloomington, 2012
B.Soc.Sc. Psychology (*First Class Honours*), National University of Singapore, 2007

GRANTS

2022 *Principal Investigator*. Extended Identity-Optimism-Support Model. DSO National Laboratories, Ministry of Defense, Singapore. S\$360,035.00

2021 *Principal Investigator*. Broader Views of Intelligence: Rethinking Our Approach to Educational Inequality. Humanities and Social Sciences Seed Fund, Office of the Deputy President (Research & Technology), National University of Singapore. S\$20,000.00

2020 *Co-Investigator, Team-Lead on Behavioral Intervention*. On-Site Pilot Trial Using Anaerobic Digestion of Food Waste for Energy and Resource Recovery at East Coast Lagoon Food Village. Urban Solutions and Sustainability Integration Fund, National Environment Agency, Singapore. S\$1,639,920.00.

2020 *Co-Investigator*. Examination of Social Goal Chatter. Staff Research Support Scheme, Faculty of Arts and Social Sciences, National University of Singapore. S\$ 7,960.00.

2019 *Principal Investigator*. Complaining Strategically: Navigating Social Interactions to Maximize Academic Outcomes. Institute for Application of Learning Science and Educational Technology, National University of Singapore. S\$18,900.00

2019 *Principal Investigator*. Regulatory Focus and SSG Career Development Course Use: A Brief Online Intervention. Institute for Adult Learning, SkillsFuture Singapore Agency. S\$586,008.00

2018 *Principal Investigator*. Inspirational Immigrants: Harnessing the Positive Psychological Dividends of Immigration. Academic Research Fund (AcRF) Tier 1 Grant, Ministry of Education. S\$59,640.00

2018 *Principal Investigator*. Using Implicit Attitudes Tests to Elicit Underlying Attitudes towards Public vs. Private Transport. Land Transport Authority. S\$6,000.00

2016 *Principal Investigator*. Lesson from a faraway land: The effect of travelling and expositions to new cultures on creativity, USPC-NUS Grant, The Université Sorbonne Paris Cité and the National University of Singapore. S\$23,200.00

2015 *Principal Investigator*. Toward a Multi-Dimensional Perspective of Group Identification, Humanities and Social Sciences Seed Fund, Office of the Deputy President (Research & Technology), National University of Singapore. S\$40,000.00

2014 *Principal Investigator*. Intrapersonal and Interpersonal Automatic Goal Defense Mechanisms, Start-Up Grant, Faculty of Arts & Social Sciences, National University of Singapore. S\$179,979.2

2012 *Principal Investigator*. An Investigation of Goal-defense Mechanisms. Staff Research Support Scheme, Faculty of Arts and Social Sciences, National University of Singapore. S\$7,994.00

HONORS/AWARDS

Faculty Teaching Excellence Award, Faculty of Arts and Social Sciences, National University of Singapore, 2014, 2015, 2017, 2018, 2020

FASS Writing Fellowship, Faculty of Arts and Social Sciences, National University of Singapore 2018

Fellow, The Society of Experimental Social Psychology, 2017

Irving J. Saltzman Award for Outstanding Graduate Achievement, Indiana University, 2013

Chinese Government Award for Outstanding Self-Financed Students Abroad, 2012

Grant-in-Aid of Doctoral Research Award, Indiana University, 2011

Jack and Linda Gill Outstanding Thesis Award (Runner-Up), Indiana University, 2011

College of Arts and Sciences Travel Award, Indiana University, 2011

The Society for Personality and Social Psychology Graduate Travel Award, 2011

Gordon Kato Memorial Summer Fellowship, Indiana University, 2010

Midwestern Psychological Association Diversity Travel Award, 2010

Commendation with Honors on Qualifying Exams, Indiana University, 2009

Mabel LaDuke Lauder Graduate Fellowship, Indiana University, 2007

Vice-Chancellor's List, University Scholars Programme, National University of Singapore, 2007

University Scholars Programme Study & Research Grant, National University of Singapore, 2007

Outstanding Undergraduate Researcher Prize (Individual), National University of Singapore, 2007

Wee Kheng Chiang Memorial Scholarship, National University of Singapore, 2006

Dean's List, National University of Singapore, 2004-2006

PUBLICATIONS-Edited Book

Hirt, E. R., Clarkson, J. J., & **Jia, L.** (2016). *Self-Regulation and Ego Control*. San Diego, CA: Elsevier.

PUBLICATIONS-Peer Reviewed Journals

*Corresponding author (when not first author), ^Student co-authors

1. **Jia, L.**, Yuen, W. L.^, Ong, Q., & Theseira, W. E. (2022). Pitfalls of self-reported measures of self-control: Surprising insights from extreme debtors. *Journal of Personality*, OnlineFirst. <https://doi.org/10.1111/jopy.12733> [Journal IF = 5.117 (5yr 4.36)]
2. Li, Y.^ & **Jia, L.*** (2021). Don't miss the forest for the trees: New recommendations for exploiting guilt and shame in self-control conflicts. *Social and Personality Psychology Compass*, 15, e12627. <https://doi.org/10.1111/spc3.12627> [Journal IF = 3.461 (5yr 4.106)]
3. Yong, J. J.^, **Jia, L.***, Ismail, I.^, & Lee, P.^ (2021). Conditional Love: Attitudes toward immigrants depend on their perceived instrumentality to locals' basic psychological needs. *Personality and Social Psychology Bulletin*, 47(12), 1686-1704. <https://doi.org/10.1177/0146167220984648> [Journal IF = 2.961 (5yr 3.753)]
4. **Jia, L.**, Lim, C. H.^, Ismail, I.^, & Tan, Y. C.^ (2021). Stunted upward mobility in a learning environment reduces the academic benefits of growth mindsets. *Proceedings of National Academy of Sciences of United States of America*, 118, e2011832118. <https://doi.org/10.1073/pnas.2011832118> [Journal IF = 9.412 (5yr 9.806)]
5. Dang, J., Barker, P., Baumert, A., Bentvelzen, M., Berkman, E., Buchholz, N., ..., Ismail, I.^, **Jia, L.**, ..., Tan, Y. C.^, ..., Zinkernagel, A. (2021). A multi-lab replication of the ego depletion effect. *Social Psychological and Personality Science*, 12, 14-24. <https://doi.org/10.1177/1948550619887702> [Journal IF = 4.38 (5yr 4.871)]
6. Hou, M.^, **Jia, L.***, & Tan, J.^ (2021). To tip off or not? Predicting gatekeepers' reporting of deviant behaviors through desirability and feasibility considerations. *Psychology, Crime, and Law*, 27, 890-913. <https://doi.org/10.1080/1068316X.2020.1863404> [Journal IF = 1.193 (5yr 1.723)]
7. Sasaki, E.^, **Jia, L.***, Lwa, H. Y.^, & Goh, M. T.^ (2020). Gratitude inhibits competitive behavior in threatening interactions. *Cognition and Emotion*, 34, 1097-1111. <https://doi.org/10.1080/02699931.2020.1724892> [Journal IF = 2.473 (5yr 2.837)]
8. **Jia, L.**, Hirt, E. R., & Fishbach, A. (2019). Protecting an important goal: When prior self-control increases motivation for active goal pursuit. *Journal of Experimental Social Psychology*, 85, <https://doi.org/10.1016/j.jesp.2019.103875> [Journal IF = 3.241 (5yr 4.104)]
9. **Jia, L.**, Hirt, E. R., & Nowak, M. (2019). Adaptive indulgence in self-control: A multi-level cost-benefit analysis. *Psychological Inquiry*, 30, 140-146. <https://doi.org/10.1080/1047840X.2019.1646051> [Journal IF = 9.917 (5yr 10.433)]
10. **Jia, L.**, Hirt, E. R., & Koh, A. H. Q.^ (2019). How to have your cake and eat it too: Strategic indulgence in big-time collegiate sports among academically successful students. *Social Psychological and Personality Science*, 10(6), 792-801. <https://doi.org/10.1177/1948550618789403> [Journal IF = 4.38 (5yr 4.871)]

11. **Jia, L.**, Koh, A. H. Q.[^], & Tan, F. M. E.[^] (2018). Asymmetric goal contagion: Social power attenuates goal contagion among strangers. *European Journal of Social Psychology*, 48, 673-686. <https://doi.org/10.1002/ejsp.2360> [Journal IF = 2.415 (5yr 2.937)]
12. Koh, A. H. Q.[^], **Jia, L.**^{*}, & Hirt, E. R. (2017). Where do desires come from? Positivity offset and negativity bias predict implicit attitude toward temptations. *Motivation and Emotion*, 41, 431-442. <https://doi.org/10.1007/s11031-017-9617-7> [Journal IF = 1.878 (5yr 2.556)]
13. Tong, E. M. W., & **Jia, L.** (2017). Positive emotion, appraisal, and the role of appraisal overlap in positive emotion co-occurrence. *Emotion*, 17, 40-54. <https://doi.org/10.1037/emo0000203> [Journal IF = 3.177 (5yr 3.907)]
14. **Jia, L.**, & Hirt, E. R. (2016). Depletion suspends the comparator mechanism in monitoring: The role of chronic self-consciousness in sequential self-regulation. *Journal of Personality and Social Psychology*, 111, 284-300. <https://doi.org/10.1037/pspp0000108> [Journal IF = 6.335 (5yr 7.776)]
15. Ho, S., Tong, E. M. W., & **Jia, L.** (2016). Authentic and hubristic pride: Differential effects on delay of gratification. *Emotion*, 16, 1147-1156. <https://doi.org/10.1037/emo0000179> [Journal IF = 3.177 (5yr 3.907)]
16. **Jia, L.**, Lee, L. N. & Tong, E. M. W. (2015). Gratitude facilitates behavioral mimicry. *Emotion*, 15, 134-138. <https://doi.org/10.1037/emo0000022> [Journal IF = 3.177 (5yr 3.907)]
17. **Jia, L.**, Tong, E. M. W., & Lee, L. N. (2014). Psychological “gel” to bind individuals’ goal pursuit: Gratitude facilitates goal contagion. *Emotion*, 14, 748-760. <https://doi.org/10.1037/a0036407> [Journal IF = 3.177 (5yr 3.907)]
18. **Jia, L.**, Hirt, E. R., & Evans, D. (2014). Putting the freeze on priming: The role of need for cognitive closure on the prime-norm dynamic. *Personality and Social Psychology Bulletin*, 40, 931-942. <https://doi.org/10.1177/0146167214530435> [Journal IF = 2.961 (5yr 3.753)]
19. **Jia, L.**, & Smith, E. R. (2013). Distance makes the metaphor grow stronger: A psychological distance model of metaphor use. *Journal of Experimental Social Psychology*, 49, 492-497. <https://doi.org/10.1016/j.jesp.2013.01.009> [Journal IF = 3.241 (5yr 4.104)]
20. Karpen, S. C., **Jia, L.**, & Rydell, R. J. (2012). Discrepancies between implicit and explicit attitude measures as an indicator of attitude strength. *European Journal of Social Psychology*, 42, 24-29. <https://doi.org/10.1002/ejsp.849> [Journal IF = 2.415 (5yr 2.937)]
21. **Jia, L.**, Karpen, S. C., & Hirt, E. R. (2011). Beyond anti-Muslim sentiment: Opposing the Ground Zero Mosque as a means to pursuing a stronger America. *Psychological Science*, 22, 1327-1335. <https://doi.org/10.1177/0956797611417256> [Journal IF = 5.367 (5yr 6.287)]
22. Clarkson, J. J., Hirt, E. R., Chapman, D. A., & **Jia, L.** (2011). The impact of illusory fatigue on executive control: Do perceptions of depletion impair working memory capacity? *Social Psychological and Personality Science*, 2, 229-238. <https://doi.org/10.1177/1948550610386628> [Journal IF = 4.38 (5yr 4.871)]
23. Clarkson, J. J., Hirt, E. R., **Jia, L.**, & Alexander, M. B. (2010). When perception is more than reality: The effects of perceived versus actual resource depletion on self-regulatory behavior. *Journal of Personality and Social Psychology*, 98, 29-46. <https://doi.org/10.1037/a0017539> [Journal IF = 6.335 (5yr 7.776)]

24. **Jia, L.**, Hirt, E. R., & Karpen, S. C. (2009). Lessons from a faraway land: The effect of spatial distance on creative cognition. *Journal of Experimental Social Psychology*, 45, 1127-1131. <https://doi.org/10.1016/j.jesp.2009.05.015> [Journal IF = 3.241 (5yr 4.104)]
25. **Jia, L.**, & Singh, R. (2009). Asymmetrical attention allocation to dissimilar and similar attitudes. *Journal of Experimental Social Psychology*, 45, 1259-1265. <https://doi.org/10.1016/j.jesp.2009.07.012> [Journal IF = 3.241 (5yr 4.104)]

PUBLICATIONS-Book Chapters

1. **Jia, L.**, Yu, R. J., Hirt, E. R., & Fishbach, A. (2016). Motivational tuning in response to ego depletion. In E. R. Hirt, J. J. Clarkson, & L. Jia (Eds.), *Self-Regulation and Ego Control*. San Diego, CA: Elsevier.
2. **Jia, L.**, & Hirt, E. R. (2011). The creative side of House: It's the last muse on the right. In E. Cascio & L. Martin (Eds.), *House and Psychology: Humanity is Overrated* (pp 37-55). New Jersey: Wiley.

PUBLICATIONS-Under Review/In Preparation

1. **Jia, L.**, Ismail, I. ^, & Lim, C. H. ^ (*under revision*). Committed and optimistic: A goal striving pathway predicts support for government.
2. **Jia, L.**, Yuen, W. L. ^, Ong, Q., & Theseria, W. (*under revision*). Pitfalls of self-reported measures of self-control: Surprising insights from extreme debtors.
3. **Jia, L.**, Li, Y. ^, Neo, D. ^, & Chen, P. (*in prep*). Stop and smell the roses: Phenomenology, Motivation, and Behavioral Effects of Strategic indulgence.
4. Li, Y. ^, & **Jia, L.** (*in prep*). Situated goal pursuit: A new paradigm to study the social transmission of task goals.
5. Quek, T. ^, **Jia, L.**, & Ismail, I. ^ (*in prep*). Motives of goal communication: Scale development and validation.
6. **Jia, L.**, Hou, M. ^, & Ismail, I. ^ (*in prep*). Inspiring newcomers: Capitalizing on the motivational influence from immigrants.
7. **Jia, L.**, & Ismail, I. ^ (*in prep*). Leadership in transition: Committed Americans are more willing to cooperate with the president of the opposite political party.
8. Ismail, I. ^, **Jia, L.**, Hou, M. ^, & Koh, A. H. Q. ^ (*in prep*). A revisit to the relationship between patriotism and internationalism.
9. Hou, M. ^, & **Jia, L.** (*in prep*). The dilemmatic decision to seek external help beyond close relationships.
10. Lim, C. H. ^, & **Jia, L.** (*in prep*). Bridging sociological and psychological perspectives to define educational mobility.

COMMENTARY & OP ED

Hou, M. & Jia, L. We need a breakthrough in the conversation on labour rights for foreign domestic workers. Apr 21, 2018. *Channel News Asia*.
<https://www.channelnewsasia.com/news/commentary/commentary-need-breakthrough-conversation-rights-maids-10157024>

MEDIA MENTION

An Easy Way to Increase Creativity: Why thinking about distant things can make us more creative. July 21, 2009. *Scientific American*. <http://www.scientificamerican.com/article.cfm?id=an-easy-way-to-increase-c>

The Benefits of Vacation. Sep 4 2009. *The Atlantic*.
<http://www.theatlantic.com/daily-dish/archive/2009/09/the-benefits-of-vacation/196905/>

Why we travel. March 13, 2010. *The Guardian*.
<http://www.guardian.co.uk/travel/2010/mar/14/why-travel-makes-you-smarter>

The Importance of Vacation. January 3, 2011. *Wired*.
<http://www.wired.com/wiredscience/2011/01/the-importance-of-vacation/>

Why Wanderlust Is Good For You, April 14, 2011. *HowStuffWorks*.
<http://blogs.howstuffworks.com/2011/04/14/why-wanderlust-is-good-for-you/>

Why Does Conflict Arise When Social Identity Is Threatened? Oct. 6, 2011. *Science Daily*.
<http://www.sciencedaily.com/releases/2011/10/111006173610.htm>

Economy linked to Ground Zero mosque. Oct. 8, 2011. *United Press International*.
http://www.upi.com/Health_News/2011/10/08/Economy-linked-to-Ground-Zero-mosque/UPI-74441318051242/

Why Does Conflict Arise When Social Identity is Threatened? Oct 6, 2011. *Association for Psychological Science*. <https://www.psychologicalscience.org/news/releases/why-does-conflict-arise-when-social-identity-is-threatened.html>

Strong Social Identities Fuel Conflicts. October 10, 2011. *PsychCentral*.
<http://psychcentral.com/news/2011/10/10/strong-social-identities-fuel-conflicts/30199.html>

Live Radio. August 1, 2014. Panelist on *Campus 938Live* on “Are our youth creative today?”

Feeling Grateful and Paying it Forward. April, 2015. *Psychology Today*.
<https://www.psychologytoday.com/blog/media-spotlight/201504/feeling-grateful-and-paying-it-forward>

The Connection between Pride and Persistence. August, 2016. *Harvard Business Review*.
<https://hbr.org/2016/08/the-connection-between-pride-and-persistence>

Strategic Indulgence Key to Maximizing the College Experience. August, 2018. *Society for Personality and Social Psychology* <http://spsp.org/news-center/press-releases/strategic-indulgence-college-experience>

'Strategic Indulgence' Key to College Success. August, 2018. *Inside Higher Ed*
<https://www.insidehighered.com/news/2018/08/23/study-students-high-gpas-can-successfully-balance-academics-and-enjoying-sports>

Coronavirus Lockdown: Would You Report People Who Break The Rules? May, 2020. **BBC**
https://www.bbc.com/news/world-52525463?ocid=wsnews.chat-apps.in-app-msg.whatsapp.trial.link1_auin

Gratitude Can Calm Our Urge to Compete with Others. May, 2020. **Greater Good Magazine**
https://greatergood.berkeley.edu/article/item/gratitude_can_calm_our_urge_to_compete_with_others

Live Radio. May 7, 2020. Interview on **Channel News Asia 938 Radio Station**. on “What leads people to report their friends and families for crimes?”

Virtual Collaboration Won't Be the Death of Creativity. December, 2020. **MIT Sloan Management Review**. <https://sloanreview.mit.edu/article/virtual-collaboration-wont-be-the-death-of-creativity/>

COURSES OFFERED

PL3235	Social Psychology
PL3231	Independent Research Project
PL3551	Undergraduate Research Opportunity Programme
PL4880I/PL4239	Social Psychology of the Unconscious
PL5305/PL5305R	Advanced Social Psychology

TEACHING INTERESTS

Social Psychology, Research Methods, Statistics, Introductory Psychology, Social Cognition, Self-Regulation, Motivation, Goal Pursuit.

DOCTORAL STUDENTS SUPERVISED

2018-2021 (expected graduation)	Hou, Minzheng
2018-Present	Tan, Yia Chin
2020-Present	Quek, Titus Wei Yang
2020-Present	Li, Ying

ORGANIZATIONS AND SOCIETIES

Fellow, Society of Experimental Social Psychology
Member, Association for Psychological Science
Member, The Society for Personality and Social Psychology
Member, The Society for the Science of Motivation

PROFESSIONAL SERVICE

Editorial Board Membership

2020-Present	Associate Editor, Comprehensive Results in Social Psychology
2021-Present	Member, Social Psychological and Personality Science
2017-Present	Member, Journal of Experimental Social Psychology
2016-2017	Member, Asian Journal of Social Psychology

Ad hoc Reviewer

Applied Psychology: Health and Well-Being
Asian Journal of Social Psychology
Basic and Applied Social Psychology
Behavior Research Methods
Collabra: Psychology
Cognition and Emotion
Comprehensive Results in Social Psychology
European Journal of Social Psychology
Journal of Experimental Social Psychology
Journal of Personality and Social Psychology
Journal of Positive Psychology
Learning and Individual Differences
Motivation and Emotion
Personality and Social Psychology Bulletin
Psychology and Health
Risk Analysis
Self and Identity
Social and Personality Psychology Compass
Social Problems
Social Psychological and Personality Science
Social Psychology